

# January 2025 Health Care Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>LAKEWOOD Live the life you envision.</p>	<ul style="list-style-type: none"> <li> Cognitive</li> <li> Creative</li> <li> Emotional</li> <li> Entertainment</li> <li> Physical</li> <li> Sensory</li> <li> Social</li> <li> Spiritual</li> <li> Vocational</li> </ul>	<p><b>Location Keys</b></p> <p>Auditorium/972      AUD/972            Chapel                      C            HSB Penthouse              PH            Main St. Door                      MSD            Movie Channel                      973            Simms Center                      SC            Simms Center/Channel 971      SC/971</p>	<p><b>New Year's Day</b> <span style="float: right;">1</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:30  Trivia Games [PH]            2:00  New Year's around the World [PH]            6:00  Evening Activities w/ Patti [PH]</p>	<p><span style="float: right;">2</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Mind and Body Exercise [PH]            10:30  Faith and Fellowship [PH]            2:00  "Thursday Date with the Classics": Carmina Burana Carl Orff [PH]            7:00  Evening Movie: [973]</p>	<p><span style="float: right;">3</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            2:00  Music w/Kevin Salyer [SC/971]            6:00  Activities w/Patti [PH]</p>	<p><span style="float: right;">4</span></p> <p>8:00  1:1 Visits throughout the day            – Silver Rail Club Of Richmond: Train Exhibit [SC]            2:00  Movie Matinee [973]</p>
<p>8:00  1:1 Visits throughout the day <span style="float: right;">5</span>            10:00  St. Mary's Catholic Mass [SC/971]            2:30  Catholic Communion [C]            4:00  Vespers [SC/971]</p>	<p><span style="float: right;">6</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Exercise Muscle Memory Stretch [PH]            10:30  Epiphany around the world: YouTube video recorded church services for Epiphany [PH]            10:30  Music w/ Mary Stella [PH]            1:00  Reading Visits 1:1            2:00  Nail Spa: 1:1 throughout day            2:00  Second Half of the Years Birthdays [AUD/972]            6:00  Evening Activities w/ Patti            7:00  John Rolfe Reenactor [AUD/972]</p>	<p><span style="float: right;">7</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Stress Relief Sensory Exercise [PH]            10:30  Poetry w/ Stacey [PH]            2:00  Baking Day [MSD]</p>	<p><span style="float: right;">8</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Exercise Noodles and Dumbbells [PH]            10:30  Spanish Lessons w/ Carmen [PH]            2:00  Creative Creations: "Sweet Holiday Cook!" [PH]            6:00  Evening Activities w/ Patti [PH]</p>	<p><span style="float: right;">9</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Mind and Body Exercise [PH]            10:30  Faith and Fellowship [PH]            2:00  "Thursday Date with the Classics": Schubert Symphony in C Major "The Great"/Munich Philharmonic Orchestra [PH]            7:00  Evening Movie: [973]</p>	<p><span style="float: right;">10</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            2:00  Music w/Billy Mitchell [SC/971]            6:00  Activities w/Patti [PH]</p>	<p><span style="float: right;">11</span></p> <p>8:00  1:1 Visits throughout the day            2:00  Movie Matinee [973]</p>
<p>8:00  1:1 Visits throughout the day <span style="float: right;">12</span>            10:00  St. Mary's Catholic Mass [SC/971]            2:30  Catholic Communion [C]            4:00  Vespers [SC/971]</p>	<p><span style="float: right;">13</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Exercise Muscle Memory Stretch [PH]            10:30  "Real Men Don't Drink Tea Day". Celebrate Yesterday "Hot tea Day" [PH]            1:00  Reading Visits 1:1            2:00  Nail Spa: 1:1 throughout day            3:00  1:1 Music Therapy w/ Audrey            6:00  Evening Activities w/ Patti            7:00  Chinese Dancers [AUD/972]</p>	<p><span style="float: right;">14</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Stress Relief Sensory Exercise [PH]            10:30  Cranium Crunches [PH]            11:30 Lunch Out: Joe's Inn</p>	<p><span style="float: right;">15</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Exercise Noodles and Dumbbells [PH]            10:30  Spanish Lessons w/ Carmen [PH]            1:30  Resident Council Meeting [PH]            2:15  Music w/ Mary Stella [PH]            6:00  Evening Activities w/ Patti [PH]</p>	<p><span style="float: right;">16</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Mind and Body Exercise [PH]            10:30  Faith and Fellowship [PH]            2:00  "Thursday Date with the Classics": Opera Gala: Great arias from Puccini, Verdi, Donizetti, Bellini, Bizet, Lehar, Mozart &amp; others [PH]            7:00  Evening Movie: [973]</p>	<p><span style="float: right;">17</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:30 Bingo [PH]            2:00  Music w/Brad Spivey [SC/971]            6:00  Activities w/Patti [PH]</p>	<p><span style="float: right;">18</span></p> <p>8:00  1:1 Visits throughout the day            10:00 Jazz Brunch [SC]            2:00  Movie Matinee [973]</p>
<p>8:00  1:1 Visits throughout the day <span style="float: right;">19</span>            10:00  St. Mary's Catholic Mass [SC/971]            2:30  Catholic Communion [C]            4:00  Vespers [SC/971]</p>	<p><span style="float: right;">20</span></p> <p>Martin Luther King, Jr. Day            8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Exercise Muscle Memory Stretch [PH]            10:30  Martin Luther King Jr. Trivia &amp; Facts [PH]            1:00  Reading Visits 1:1            2:00  Martin Luther King Day [SC/971]            2:00  Nail Spa: 1:1 throughout day            6:00  Evening Activities w/ Patti</p>	<p><span style="float: right;">21</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Stress Relief Sensory Exercise [PH]            10:30  Poetry w/ Stacey [PH]            1:30 Scenic Drive: "Squirrel Appreciation Day": Park Visit</p>	<p><span style="float: right;">22</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Exercise Noodles and Dumbbells [PH]            10:30  Spanish Lessons w/ Carmen [PH]            12:00 Centenarian Lunch [PH]            2:00  Creative Creations [PH]            6:00  Evening Activities w/ Patti [PH]</p>	<p><span style="float: right;">23</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Mind and Body Exercise [PH]            10:30  Faith and Fellowship [PH]            2:00  "Thursday Date with the Classics": 2Cellos-Live at Sydney Opera House (Full Concert) [PH]            7:00  Evening Movie: [973]</p>	<p><span style="float: right;">24</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            2:00  Music w/Debra &amp; Patrick [SC/971]            6:00  Activities w/Patti [PH]</p>	<p><span style="float: right;">25</span></p> <p>8:00  1:1 Visits throughout the day            2:00  Movie Matinee [973]</p>
<p>8:00  1:1 Visits throughout the day <span style="float: right;">26</span>            10:00  St. Mary's Catholic Mass [SC/971]            2:30  Catholic Communion [C]            4:00  Vespers [SC/971]</p>	<p><span style="float: right;">27</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Exercise Muscle Memory Stretch [PH]            10:30  "International Holocaust Remembrance Day" Trivia &amp; Facts [PH]            1:00  Reading Visits 1:1            2:00  Nail Spa: 1:1 throughout day            3:00  1:1 Music Therapy w/ Audrey            6:00  Evening Activities w/ Patti</p>	<p><span style="float: right;">28</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Stress Relief Sensory Exercise [PH]            10:30  Cranium Crunches [PH]            2:00  Cooking Day: "Blueberry Pancake Day" [PH]</p>	<p><span style="float: right;">29</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Exercise Noodles and Dumbbells [PH]            10:30  Spanish Lessons w/ Carmen [PH]            2:00  Chinese New Year BINGO [PH]            6:00  Evening Activities w/ Patti [PH]            7:00  An Evening w/Richard Turochy [SC/971]</p>	<p><span style="float: right;">30</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            10:00  Mind and Body Exercise [PH]            10:30  Faith and Fellowship [PH]            2:00  "Thursday Date with the Classics": Dvorak: Symphony No.9 From the New World /Paavo Jarvi and the Tonhalle-Orchester Zurich [PH]            7:00  Evening Movie: [973]</p>	<p><span style="float: right;">31</span></p> <p>8:00  1:1 Visits throughout the day            9:30  Community Prayer (971) [SC/971]            2:00  Music w/Sweet Adelines [SC/971]            6:00  Activities w/Patti [PH]</p>	<p>Activities are subject to change.             For Activity Questions, please contact            Clydie Einstein-Walsh            804-521-9265</p>