


December 2024

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																	
<p>10:00 † St. Mary's Catholic Mass [SC/971] 1</p> <p>2:30 † Catholic Communion [C]</p> <p>4:00 † Vespers in Advent: HOPE! A Service of Hope in Music with the Lakewood Ringers [SC/971]</p>	<p>9:00 † Centering Prayer [C] 2</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:00 ↔ Chair Exercise [R2]</p> <p>11:15 🎵 Hymns & Harmony [R1]</p> <p>1:30 🎲 Bingo! [R1]</p> <p>6:00 🎵 Grand Illumination & Christmas Party with Music by Liberty Dolls and Pictures with Santa [SC/971]</p>	<p>9:30 † Community Prayer [SC/971] 3</p> <p>10:00 ↔ Sit & Get Fit [R3]</p> <p>11:00 🎵 St. Michael's Episcopal School Choir [SC/971]</p> <p>2:00 🎨 Holiday Craft with Ginny [R2]</p> <p>6:30 🎵 Hanover Harmony Men's Chorus [SC/971]</p>	<p>9:30 † Community Prayer [SC/971] 4</p> <p>10:00 ↔ Gentle Aerobics [R1]</p> <p>10:30 🎲 Brain Games [R1]</p> <p>1:30 🧼 Nail Spa [R2]</p> <p>6:00 🚗 Tacky Lights Bus Tour #1 [MSD]</p>	<p>9:30 † Community Prayer [SC/971] 5</p> <p>10:00 ↔ Exercise & Smoothies [R2]</p> <p>2:00 🎵 Holiday Tea Party [R3]</p> <p>6:00 🚗 Tacky Lights Bus Tour #2 [MSD]</p> <p>7:00 🎵 Evening Movie [TV 973]</p>	<p>9:30 ↔ Chair Exercise [R3] 6</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:45 🎲 Bingo! [R3]</p> <p>2:00 🎵 Music with Brad Spivey [SC/971]</p>	<p>2:00 🎵 Matinee Movie [TV 973]</p> <p>6:00 🎵 Eunice Kim's Piano School Recital [SC/971]</p>																	
<p>10:00 † St. Mary's Catholic Mass [SC/971] 8</p> <p>1:45 † Caroling and Hymn Sing with Grove Ave. Baptist [SC/971]</p> <p>2:30 † Catholic Communion [C]</p> <p>4:00 † Vespers in Advent: PEACE! Rev. Dr. Bill Tuck [SC/971]</p>	<p>9:00 † Centering Prayer [C] 9</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:00 ↔ Chair Exercise [R2]</p> <p>11:15 🎵 Hymns & Harmony [R2]</p> <p>2:00 🎵 Jazzy Duo Christmas Concert [SC/971]</p> <p>4:00 Communion with First Baptist [SC/971]</p> <p>7:00 🎵 Henrico Concert Band Holiday Concert [SC/971]</p>	<p>9:15 🏠 Shopping Trip to Walmart [MSD] 10</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:00 🎨 Poetry with Stacey [R3]</p> <p>11:00 ↔ Sit & Get Fit [R3]</p> <p>11:30 🎲 Mind Joggers [R3]</p> <p>3:00 🎵 Christmas Music [R1]</p> <p>7:00 🎵 City Singers Youth Concert [SC/971]</p>	<p>9:30 † Community Prayer [SC/971] 11</p> <p>10:00 ↔ Gentle Aerobics [R1]</p> <p>10:30 🎲 Brain Games [R1]</p> <p>1:30 🧼 Nail Spa [R2]</p> <p>3:00 ❤️ Christmas Hymn Sing [SC/971]</p>	<p>9:30 † Community Prayer [SC/971] 12</p> <p>10:00 ↔ Exercise & Smoothies [R2]</p> <p>2:00 🎵 Bake Sugar Cookies [R3]</p> <p>2:00 🏠 Past-Ports to History, St. Nicholas reenactment</p> <p>3:00 🎨 Holiday ornaments with Jenny [R3]</p> <p>7:00 🎵 Evening Movie [TV 973]</p>	<p>9:30 ↔ Chair Exercise [R3] 13</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:45 🎲 Bingo! [R3]</p> <p>2:00 🎵 Music with Damian Muller [SC/971]</p>	<p>2:00 🎵 Matinee Movie [TV 973]</p>																	
<p>10:00 † St. Mary's Catholic Mass [SC/971] 15</p> <p>2:30 † Catholic Communion [C]</p> <p>4:00 † Vespers in Advent: JOY! The Story of Christmas in Storytelling and Song [SC/971]</p>	<p>9:00 † Centering Prayer [C] 16</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:00 ↔ Chair Exercise [R2]</p> <p>11:15 🎵 Hymns & Harmony [R3]</p> <p>1:30 🎲 Peppermint Bingo! [R1]</p> <p>3:00 🎵 Good Neighbors Band [R3]</p> <p>7:00 🎵 Short Pump Symphonette Christmas Program [AUD/972]</p>	<p>9:30 † Community Prayer [SC/971] 17</p> <p>10:15 🎵 Cool Hand Ukes Ukeleles [R3]</p> <p>1:30 🧼 Nail Spa [R2]</p> <p>3:00 🏠 Resident Council Meeting [R3]</p> <p>3:30 † Taize' Prayer [SC/971]</p>	<p>9:30 † Community Prayer [SC/971] 18</p> <p>10:00 ↔ Gentle Aerobics [R1]</p> <p>10:30 🎲 Brain Games [R1]</p> <p>2:00 🎵 The Christmas Goose and Gander [SC/971]</p>	<p>9:30 † Community Prayer [SC/971] 19</p> <p>11:00 🎵 Dulcimer Duo Holiday Music [R2]</p> <p>2:00 † Episcopal Holy Eucharist [SC/971]</p> <p>2:30 🎵 Therapy Dogs Assoc. [R2]</p> <p>3:30 🎵 Sing-along with Diane Hart [R2]</p> <p>7:00 🎵 Evening Movie [TV 973]</p>	<p>9:30 ↔ Chair Exercise [R3] 20</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:45 🎲 Peppermint Bingo! [R3]</p> <p>2:00 🎵 Music with Don Park [SC/971]</p> <p>3:15 🎵 Mike's Sing-along [R2]</p>	<p>10:30 Mt. Victory Teens Strolling Choir 21</p> <p>2:00 🎵 Matinee Movie [TV 973]</p> <p>7:00 🎵 Jean Keil's Piano School Recital [SC/971]</p>																	
<p>10:00 † St. Mary's Catholic Mass [SC/971] 22</p> <p>2:30 † Catholic Communion [C]</p> <p>4:00 † Vespers in Advent: LOVE! A Service of Lessons and Carols [SC/971]</p>	<p>9:00 † Centering Prayer [C] 23</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:00 ↔ Chair Exercise [R2]</p> <p>11:15 🎵 Hymns & Harmony [R1]</p> <p>1:00 🏠 Henrico Co Mobile Library</p> <p>2:00 🎵 Pie and Carols Social [SC/971]</p>	<p>Christmas Eve 24</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:30 † Christmas Eve Service [SC/971]</p> <p>1:30 🧼 Nail Spa [R2]</p>	<p>Christmas Day 25</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:30 🎨 Christmas Stories & Eggnog [R1]</p> <p>2:00 🎵 Linda Jones Christmas Piano Concert [SC/971]</p>	<p>9:30 † Community Prayer [SC/971] 26</p> <p>10:00 ↔ Exercise & Smoothies [R2]</p> <p>2:00 🏠 Bible Trivia with Snack [R1]</p> <p>3:00 🎵 Mike's Sing-along [R1]</p> <p>7:00 🎵 Evening Movie [TV 973]</p>	<p>9:30 ↔ Chair Exercise [R3] 27</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:45 🎲 Bingo! [R3]</p> <p>2:00 🎵 Music with Walt Street [SC/971]</p>	<p>2:00 🎵 Matinee Movie [TV 973]</p>																	
<p>10:00 † St. Mary's Catholic Mass [SC/971] 29</p> <p>2:30 † Catholic Communion [C]</p> <p>4:00 † Vespers in Advent: "Wondering and Wandering" by Chaplain Julie Gaines Walton [SC/971]</p>	<p>9:00 † Centering Prayer [C] 30</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:00 🏠 Music Therapy with Mary Stella [R1]</p> <p>11:15 🎵 Hymns & Harmony [R2]</p> <p>1:30 🎲 Bingo! [R1]</p>	<p>New Year's Eve 31</p> <p>9:30 † Community Prayer [SC/971]</p> <p>10:00 ↔ Sit & Get Fit [R3]</p> <p>10:30 🎲 Mind Joggers [R3]</p> <p>2:00 🎵 New Year's Eve Social & Sing-along with Linda Jones [R2]</p> <p>6:00 🎵 New Year's Eve Party [AUD/972]</p>	<div style="text-align: center;">  <p>LAKEWOOD Live the life you envision.</p> </div> <ul style="list-style-type: none"> 🏠 Cognitive 🎨 Creative ❤️ Emotional 🎵 Entertainment 🌿 Environmental ↔ Physical 🧼 Sensory 🎵 Social † Spiritual 🏠 Vocational 			<p>Activities last 30-60 minutes. Movies can last up to 2 hours. Activities are subject to change. Changes will be posted on daily flyers.</p> <p>Program Coordinator Tonya Ramage 804-521-9288</p>	<p>Location Keys</p> <table border="0"> <tr> <td>Auditorium/972</td> <td>AUD/972</td> </tr> <tr> <td>Chapel</td> <td>C</td> </tr> <tr> <td>Main St. Door</td> <td>MSD</td> </tr> <tr> <td>Movie Channel 973</td> <td>TV 973</td> </tr> <tr> <td>Rose Building 1st Floor</td> <td>R1</td> </tr> <tr> <td>Rose Building 2nd Floor</td> <td>R2</td> </tr> <tr> <td>Rose Building 3rd Floor</td> <td>R3</td> </tr> <tr> <td>Simms Center/Channel 971</td> <td>SC/971</td> </tr> </table>	Auditorium/972	AUD/972	Chapel	C	Main St. Door	MSD	Movie Channel 973	TV 973	Rose Building 1st Floor	R1	Rose Building 2nd Floor	R2	Rose Building 3rd Floor	R3	Simms Center/Channel 971	SC/971
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