

# L W

## Express Dining Menu

### Monday

Meatloaf with Gravy, Mashed Potatoes (GF), Peas & Carrots (GF), Kale (GF),  
Salad Bar (GF), Dinner Roll, Assorted Desserts

### Tuesday

Carved Roast Station (GF), Carved Slow Roasted Beef, Baked Potato Bar (GF),  
Buttered Broccoli (GF), Dinner Rolls, Salad Bar (GF), Assorted Desserts

### Wednesday

Fried Boneless Chicken Thigh & Boneless Chicken Breast, Macaroni & Cheese,  
Succotash (GF), Cheddar Biscuit, Three Bean Salad (GF), Salad Bar (GF),  
Assorted Desserts

### Thursday

Smothered Pork Chops, Blackeye Peas (GF), Stewed Tomatoes (GF),  
Green Beans (GF), Corn Bread, Assorted Desserts

### Friday

Shrimp & Grits (GF), Bacon and Cajun Cream Sauce, Buttered Corn &  
Peppers (GF), Buttermilk Biscuits, Salad Bar (GF), Assorted Desserts

### Monday

Orange Chicken, Jasmine Rice (GF), Stir Fry Vegetables (GF), Salad Bar (GF),  
Assorted Desserts

### Tuesday

Spaghetti with Meat Sauce, Broccolini (GF), Baked Potato (GF), Salad Bar (GF),  
Garlic Bread Sticks, Assorted Desserts





### Wednesday

Carved Roasted Turkey Breast with Gravy (GF), Mashed Potatoes, Stuffing, Roasted Beets (GF), Cranberry Sauce (GF), Dinner Roll, Salad Bar (GF), Assorted Desserts

### Thursday

Fried Shrimp, Baked Potato (GF), Coleslaw (GF), Green Beans (GF), Cornbread, Salad Bar (GF), Assorted Desserts

### Friday

Southern Smothered Chicken, Onion Garlic Gravy, Collard Greens (GF), Mashed Sweet Potatoes (GF), Buttermilk Biscuits, Salad Bar (GF), Assorted Pies

### Monday

Beef Pot Roast (GF), Mashed Potatoes, Carrots (GF), Yellow Squash & Zucchini (GF), Dinner Roll, Salad Bar (GF), Assorted Desserts

### Tuesday

Carved Slow Roasted Pork Loin (GF), Spiced Apples (GF), Red Skin Garlic Mashed Potatoes (GF), Braised Kale (GF), Corn Muffins, Salad Bar (GF), Assorted Desserts

### Wednesday

Braised Beef Short Ribs (GF), Red Wine Onion Gravy, Mashed Potatoes (GF), Roasted Asparagus (GF), Toasted Baguette

### Thursday

Chicken Pot Pie, Baked Sweet Potato (GF), Collard Greens (GF), Cornbread, Salad Bar (GF), Assorted Desserts

### Friday

BBQ Ribs (GF), Baked Beans (GF), Corn Pudding, Succotash (GF), Coleslaw (GF), Salad Bar (GF), Biscuit, Assorted Desserts

