

# October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 <b>PH</b> Morning Stretch (AC) <b>1</b> 10:00 <b>SP</b> Catholic Mass (971) 11:00 <b>SP</b> 1st Baptist Church TV Channel 8 11:45 <b>SE</b> Refresh 1:00 <b>EM</b> Chaplain One to One Visits 2:30 <b>SP</b> Catholic Communion (AC) 3:00 <b>CO</b> Brain Games with Jane (AC) 4:00 <b>SP</b> Vespers (971) 7:00 <b>EN</b> Evening Movie & Popcorn	9:30 <b>SP</b> Community Prayer (971) <b>2</b> 10:00 <b>SO</b> Scenic Drive (AC) 11:45 <b>SE</b> Refresh 2:00 <b>CR</b> Joy of Painting with <b>Donna McNeil</b> (AC) 2:00 <b>EM</b> Emotional Wellness (971) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>CO</b> iN2L One on One Visits (AC) 7:00 <b>EN</b> Monday Evening Concert (972)	9:30 <b>CR</b> Poetry Corner with Stacey (AC) <b>3</b> 10:00 <b>PH</b> Act of Aging Exercise (LR) 10:45 <b>CR</b> Dog Treat Making (AC) 11:45 <b>SE</b> Refresh 2:00 <b>SO</b> Yoga Tuesday Social (SC) 3:30 <b>CO</b> One on One Visits 6:30 <b>EN</b> Classic TV Shows (LR)	9:30 <b>PH</b> Exercise w/ Fitness (AC) <b>4</b> 10:00 <b>SP</b> Hymns & Harmony (LR) 11:45 <b>SE</b> Refresh 2:00 <b>SE</b> Sensory Hour 2:00 <b>SO</b> Blessing of Animals (SC) 3:15 <b>SO</b> Hydration and Snacks 3:30 <b>PH</b> Kick Ball (AC) 4:00 <b>SE</b> One to One Visits (AC) 6:00 <b>SO</b> Bingo (AC)	9:30 <b>SP</b> Community Prayer (971) <b>5</b> 10:00 <b>PH</b> Exercise (LR) 10:30 <b>CR</b> Jewelry Club (AC) 11:45 <b>SE</b> Refresh 2:00 <b>PH</b> One Lakewood: Active Aging Week (SC) 3:15 <b>SO</b> Hydration and Snacks 3:30 <b>SO</b> One on One Visits (AC) 7:00 <b>EN</b> Cinema Classics (973)	9:30 <b>SP</b> Community Prayer (971) <b>6</b> 10:00 <b>PH</b> Exercise (LR) 10:45 <b>CR</b> Flower Arranging (AC) 11:45 <b>SE</b> Refresh 2:00 <b>EN</b> Music w/ Brad Spigley (SC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SE</b> One to One Visits (AC) 6:30 <b>EN</b> The Lawrence Welk Show	9:45 <b>SP</b> Bible Study (LR) <b>7</b> 11:00 <b>PH</b> Balloon Volleyball (AC) 11:00 <b>CO</b> Word Games (AC) 11:45 <b>SE</b> Refresh 2:00 <b>PH</b> Afternoon Stretch (AC) 3:15 <b>SO</b> Hydration and Snacks 6:00 <b>EN</b> Movie Night (LR)
10:00 <b>SP</b> Catholic Mass (971) <b>8</b> 11:00 <b>PH</b> Morning Stretch (AC) 11:00 <b>SP</b> 1st Baptist Church TV Channel 8 11:45 <b>SE</b> Refresh 1:00 <b>EM</b> Chaplain One to One Visits 2:30 <b>SP</b> Catholic Communion (AC) 3:00 <b>CO</b> Brain Games (AC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SP</b> Vespers (971)	9:30 <b>SP</b> Community Prayer (971) <b>9</b> 10:00 <b>PH</b> Exercise (LR) 10:30 <b>SE</b> Baking Club: Magic Wands (AC) 11:15 <b>CO</b> Brain Games 11:45 <b>SE</b> Refresh 2:00 <b>EM</b> Emotional Wellness (971) 2:00 <b>SO</b> Music Therapy w/ Audrey W. (AC) 3:15 <b>SO</b> Hydration and Snacks	9:30 <b>SP</b> Community Prayer (971) <b>10</b> 10:00 <b>PH</b> Exercise (AC) 11:00 <b>SE</b> Music with Mary Stella 11:45 <b>SE</b> Refresh 2:00 <b>SO</b> Pumpkin Spice and Everything Nice (AC) 3:15 <b>CR</b> Creative Creations: Collage Art (AC) 4:00 <b>CO</b> One on One Visit	9:30 <b>PH</b> Exercise w/ Fitness (AC) <b>11</b> 10:30 <b>SP</b> Hymns & Harmony (LR) 11:45 <b>SE</b> Refresh 2:00 <b>EN</b> Hocus Pocus Movie Day (AC) 3:15 <b>SO</b> Hydration and Snacks 6:00 <b>SO</b> Bingo (AC)	9:30 <b>SP</b> Community Prayer (971) <b>12</b> 10:00 <b>PH</b> Core & Balance Exercise (AC) 11:00 <b>CO</b> What am I? (AC) 11:45 <b>SE</b> Refresh 2:00 <b>SE</b> Nail Spa (AC) 3:15 <b>SO</b> Hydration and Snacks 3:30 <b>SO</b> One on One Visit (AC) 7:00 <b>EN</b> Cinema Classics (973)	9:30 <b>SP</b> Community Prayer (971) <b>13</b> 10:00 <b>PH</b> Sit & Fit (AC) 11:00 <b>CR</b> Button Monogram Art 11:45 <b>SE</b> Refresh 2:00 <b>SO</b> Music w/ Cindy Mitchell (SC) 3:15 <b>SO</b> Hydration and Snacks 3:30 <b>CO</b> Name That Tune! 4:00 <b>SE</b> One to One Visits (AC) 6:30 <b>EN</b> The Lawrence Welk Show	10:00 <b>EM</b> Morning Devotionals <b>14</b> 10:30 <b>PH</b> Morning Stretch (AC) 11:00 <b>PH</b> Balloon Volleyball (AC) 11:45 <b>SE</b> Refresh 2:00 <b>EN</b> Cornerstone Family Music with Mary Stella (AC) 3:15 <b>SO</b> Hydration and Snacks 6:00 <b>EN</b> Movie Night (LR)
10:00 <b>SP</b> Catholic Mass (971) <b>15</b> 11:00 <b>PH</b> Morning Stretch (AC) 11:00 <b>SP</b> 1st Baptist Church TV Channel 8 11:45 <b>SE</b> Refresh 1:00 <b>EM</b> Chaplain One to One Visits 2:30 <b>SP</b> Catholic Communion (AC) 3:00 <b>CO</b> Brain Games (AC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SP</b> Vespers (971)	9:30 <b>SP</b> Community Prayer (971) <b>16</b> 10:00 <b>SO</b> Scenic Drive (AC) 11:45 <b>SE</b> Refresh 2:00 <b>CR</b> Fall Suncatchers (AC) 2:00 <b>EM</b> Emotional Wellness (971) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>CO</b> iN2L One on One Visits (AC) 7:00 <b>EN</b> Monday Evening Concert (972)	9:30 <b>CR</b> Poetry Corner w/ Stacey (AC) <b>17</b> 10:00 <b>PH</b> "You Pick" Exercise (AC) 11:00 <b>SE</b> Refresh 11:45 <b>SE</b> Refresh 2:00 <b>CR</b> Creative Creations: Collage Art (AC) 3:15 <b>SO</b> Hydration and Snacks 3:30 <b>SO</b> One on One Visits (AC) 6:30 <b>EN</b> Classic TV Shows (LR)	9:30 <b>PH</b> Exercise w/ Fitness (AC) <b>18</b> 10:30 <b>SP</b> Hymns & Harmony (LR) 11:45 <b>SE</b> Refresh 2:00 <b>CR</b> Pumpkin Craving (AC) 3:15 <b>SO</b> Hydration and Snacks 3:30 <b>SE</b> One to One Visits (AC) 6:00 <b>SO</b> Bingo (AC)	9:30 <b>SP</b> Community Prayer (971) <b>19</b> 10:00 <b>PH</b> Core & Balance Exercise (AC) 10:30 <b>CO</b> Guess Who? (AC) 11:30 <b>SO</b> Men's Group: Lunch IN (AC) 11:45 <b>SE</b> Refresh 2:00 <b>EM</b> Therapy Dogs 3:00 <b>CO</b> Heritage Day (SC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SO</b> Live Animal Webcams (AC)	9:30 <b>SP</b> Community Prayer (971) <b>20</b> 10:00 <b>PH</b> Exercise (LR) 10:30 <b>CO</b> Balloon Burst (AC) 11:00 <b>CR</b> Flower Arranging (AC) 11:45 <b>SE</b> Refresh 2:00 <b>SO</b> Music with Bill Parrish (SC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SE</b> One to One Visits (AC) 6:30 <b>EN</b> The Lawrence Welk Show	9:45 <b>SP</b> Bible Study (LR) <b>21</b> 11:00 <b>PH</b> Balloon Volleyball (AC) 11:00 <b>CO</b> Word Games (AC) 11:45 <b>SE</b> Refresh 2:00 <b>PH</b> Afternoon Stretch (AC) 3:00 <b>SO</b> Spa and Song 3:15 <b>SO</b> Hydration and Snacks 6:00 <b>EN</b> Movie Night (LR)
10:00 <b>SP</b> Catholic Mass (971) <b>22</b> 11:00 <b>PH</b> Morning Stretch (AC) 11:00 <b>SP</b> 1st Baptist Church TV Channel 8 11:45 <b>SE</b> Refresh 1:00 <b>EM</b> Chaplain One to One Visits 2:30 <b>SP</b> Catholic Communion (AC) 3:00 <b>CO</b> Brain Games (AC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SP</b> Vespers (971)	9:30 <b>SP</b> Community Prayer (971) <b>23</b> 10:00 <b>EN</b> Heartstrings (SC) 11:00 <b>CO</b> Give Me A Clue (AC) 11:45 <b>SE</b> Refresh 2:00 <b>EM</b> Emotional Wellness (971) 2:00 <b>SO</b> Music Therapy w/ Audrey W. (AC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>CO</b> iN2L One on One Visits (AC)	9:30 <b>SP</b> Community Prayer (971) <b>24</b> 10:00 <b>PH</b> "You Pick" Exercise (AC) 10:30 <b>SE</b> Baking Club (AC) 11:00 <b>EN</b> Music with Mary Stella (AC) 11:45 <b>SE</b> Refresh 2:00 <b>SO</b> Java Music Time (AC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SO</b> Classic Karaoke (AC) 6:30 <b>EN</b> Classic TV Shows (LR)	9:30 <b>PH</b> Exercise w/ Fitness (AC) <b>25</b> 10:30 <b>SP</b> Hymns & Harmony (LR) 11:45 <b>SE</b> Refresh 2:00 <b>PH</b> Balloon Volleyball (AC) 3:00 <b>PH</b> Corn Hole (AC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SE</b> One to One Visits (AC) 6:00 <b>SO</b> Bingo (AC)	9:30 <b>SP</b> Community Prayer (971) <b>26</b> 10:00 <b>PH</b> Core & Balance Exercise (AC) 11:30 <b>EN</b> Lunch Bunch at Olive Garden (AC) 11:45 <b>SE</b> Refresh 2:00 <b>SE</b> Nail Spa (AC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SO</b> Refreshment & Karaoke (AC) 7:00 <b>EN</b> Cinema Classics (973)	9:30 <b>SP</b> Community Prayer (971) <b>27</b> 10:00 <b>PH</b> Sit & Fit (AC) 11:00 <b>SE</b> Flower Arranging (AC) 11:45 <b>SE</b> Refresh 2:30 <b>SO</b> Music with Me & Martha (SC) 3:00 <b>CO</b> Name That Tune! 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SE</b> One to One Visits (AC) 6:30 <b>EN</b> The Lawrence Welk Show	10:00 <b>EM</b> Morning Devotionals <b>28</b> 10:30 <b>SE</b> Baking Club (AC) 11:00 <b>PH</b> Balloon Volleyball (AC) 11:45 <b>SE</b> Refresh 2:00 <b>SO</b> FAMILY DAY (AC) 3:00 <b>SO</b> Spa and Song 3:15 <b>SO</b> Hydration and Snacks 6:00 <b>EN</b> Movie Night (LR)
10:00 <b>SP</b> Catholic Mass (971) <b>29</b> 11:00 <b>PH</b> Morning Stretch (AC) 11:00 <b>SP</b> 1st Baptist Church TV Channel 8 11:45 <b>SE</b> Refresh 1:00 <b>EM</b> Chaplain One to One Visits 2:30 <b>SP</b> Catholic Communion (AC) 3:00 <b>CO</b> Brain Games (AC) 3:15 <b>SO</b> Hydration and Snacks 4:00 <b>SP</b> Vespers (971)	9:30 <b>SP</b> Community Prayer (971) <b>30</b> 9:45 <b>PH</b> Exercise (LR) 10:30 <b>SE</b> Baking Club (AC) 11:45 <b>SE</b> Refresh 2:00 <b>EM</b> Emotional Wellness (971) 3:00 <b>PH</b> Balloon Volleyball (AC) 3:15 <b>SO</b> Hydration and Snacks 3:30 <b>CO</b> Samhain, A trip to Ireland (AC) 4:00 <b>CO</b> iN2L One on One Visits (AC)	9:30 <b>EN</b> Trick or Treat with Ruby Carver Elementary <b>31</b> 9:45 <b>PH</b> Exercise (LR) 10:30 <b>SE</b> Baking Club (AC) 11:45 <b>SE</b> Refresh 2:00 <b>SO</b> Halloween Social (SC) 3:15 <b>SO</b> Hydration and Snacks 3:30 <b>CO</b> One on One Visits (AC) 6:30 <b>EN</b> Classic TV Shows (LR)	<b>PH</b> Physical <b>SO</b> Social <b>CO</b> Cognitive <b>SP</b> Spiritual <b>EM</b> Emotional <b>CR</b> Creative <b>VO</b> Vocational <b>SE</b> Sensory <b>EN</b> Entertainment	971 Simms Center Broadcast 972 Auditorium Broadcast 973 Movie Channel AC Activity Center LR Living Room SC Simms Center SR Sensory Room TG Terrace Garden	<b>**Activities are subject to change based on resident need and opportunity. Unless otherwise stated. Thank you! **</b>	

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Please refer to daily postings for any changes.