

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 <b>EM</b> St. Mary's Catholic Mass (971) <b>1</b></p> <p>1:00 <b>EM</b> Chaplain One to One Visits</p> <p>1:30 <b>SP</b> Catholic Communion 1:1</p> <p>1:30 <b>PH</b> Exercise Broadcast (971)</p> <p>4:00 <b>SP</b> Vespers (SC)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>2</b></p> <p>10:00 <b>PH</b> Seated Exercise</p> <p>10:30 <b>EN</b> Music w/ Mary Stella</p> <p>10:45 <b>CO</b> Stronger Memory Group (3DR)</p> <p>2:00 <b>SE</b> Nail Spa</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>7:00 <b>SO</b> Monday Evening Entertainment: Something Different Duo (972) (AUD)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>3</b></p> <p>10:00 <b>PH</b> Sit &amp; Fit (2DR)</p> <p>10:30 <b>CR</b> What's Cooking: Dog Biscuits</p> <p>2:00 <b>SO</b> Taco Tuesday Social (SC)</p> <p>4:00 <b>SO</b> One to One Visits</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>4</b></p> <p>10:00 <b>PH</b> Seated Exercise</p> <p>10:30 <b>CR</b> Creative Creations: Pumpkin Painting</p> <p>2:00 <b>EM</b> Blessing of Animals (971) (SC)</p> <p>4:00 <b>CO</b> Group Music Therapy w/ Audrey</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>6:00 <b>EM</b> Activity Time w/ Patti (3DR)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>5</b></p> <p>10:00 <b>PH</b> Mind and Body Exercise (2DR)</p> <p>10:30 <b>SP</b> Faith &amp; Fellowship</p> <p>2:00 <b>PH</b> One Lakewood: Active Aging Week (SC)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>7:00 <b>EN</b> Evening Movie: Duel at Silver Creek (973)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>6</b></p> <p>10:00 <b>PH</b> Drumming Circle (2DR)</p> <p>10:30 <b>CO</b> BINGO</p> <p>2:00 <b>SO</b> Music w/ Brad Spivey (971) (SC)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>6:00 <b>SO</b> Activity Time w/ Patti (2DR)</p>	<p>9:30 <b>CO</b> The More You Know <b>7</b></p> <p>2:30 <b>EN</b> Movie Matinee: The Princess Bride (973)</p>
<p>10:00 <b>EM</b> St. Mary's Catholic Mass (971) <b>8</b></p> <p>1:00 <b>EM</b> Chaplain One to One Visits</p> <p>1:00 <b>CO</b> Activity One on Ones</p> <p>1:30 <b>SP</b> Catholic Communion 1:1</p> <p>1:30 <b>PH</b> Exercise Broadcast (971)</p> <p>4:00 <b>SP</b> Vespers (SC)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>9</b></p> <p>10:00 <b>PH</b> Seated Exercise</p> <p>10:30 <b>CO</b> October Trivia</p> <p>10:45 <b>CO</b> Stronger Memory Group (3DR)</p> <p>2:00 <b>CO</b> Emotional Wellness Presentation: Music &amp; Emotional Health(971) (SC)</p> <p>2:00 <b>SE</b> Nail Spa</p> <p>3:00 <b>EM</b> 1:1 Music Therapy w/ Audrey (2DR)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>7:00 <b>SO</b> Monday Evening Entertainment (972) (AUD)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>10</b></p> <p>10:00 <b>PH</b> Sit &amp; Fit (2DR)</p> <p>10:30 <b>CO</b> Poetry w/ Stacey</p> <p>10:30 <b>SE</b> Caring Canines Visit 1:1</p> <p>2:00 <b>SE</b> Scenic Drive: Hollywood Cemetery</p> <p>3:00 <b>EM</b> World Tour of Churches: The Pilgrimage Church of Sainte-Foy, France (971)</p> <p>4:00 <b>SO</b> One to One Visits</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>11</b></p> <p>10:00 <b>PH</b> Seated Exercise</p> <p>10:30 <b>CR</b> Creative Creations: Collages</p> <p>2:00 <b>SE</b> Travel to Transylvania (2DR)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>6:00 <b>EN</b> "Drive-In" Movie: Wizard of Oz (971) (SC)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>12</b></p> <p>10:00 <b>PH</b> Mind and Body Exercise (2DR)</p> <p>10:30 <b>SP</b> Faith &amp; Fellowship</p> <p>2:00 <b>CO</b> Hispanic Heritage Month: Get to know your Hispanic Staff (2DR)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>7:00 <b>EN</b> Evening Movie: Ace In the Hole (973)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>13</b></p> <p>10:00 <b>PH</b> Funday Friday Fitness (2DR)</p> <p>10:30 <b>CO</b> BINGO</p> <p>2:00 <b>SO</b> Music with Billy Mitchell (SC) (971)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>6:00 <b>SO</b> Activity Time w/ Patti (2DR)</p>	<p>9:30 <b>CO</b> The More You Know <b>14</b></p> <p>2:30 <b>EN</b> Movie Matinee: White Fang (973)</p>
<p>10:00 <b>EM</b> St. Mary's Catholic Mass (971) <b>15</b></p> <p>1:00 <b>EM</b> Chaplain One to One Visits</p> <p>1:00 <b>CO</b> Activity One on Ones</p> <p>1:30 <b>SP</b> Catholic Communion 1:1</p> <p>1:30 <b>PH</b> Exercise Broadcast (971)</p> <p>4:00 <b>SP</b> Vespers (SC)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>16</b></p> <p>10:00 <b>PH</b> Seated Exercise</p> <p>10:30 <b>EM</b> I Love Lucy appreciation (2DR)</p> <p>10:45 <b>CO</b> Stronger Memory Group (3DR)</p> <p>2:00 <b>CO</b> Emotional Wellness Presentation: Emotional Health in times of Grief(971) (SC)</p> <p>2:00 <b>SE</b> Nail Spa</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>7:00 <b>SO</b> Monday Evening Entertainment (972) (AUD)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>17</b></p> <p>10:00 <b>PH</b> Sit &amp; Fit (2DR)</p> <p>10:30 <b>SE</b> What's Cooking?: Baked Apples</p> <p>2:00 <b>EM</b> Outing: War Memorial</p> <p>3:00 <b>EM</b> World Tour of Churches: The Cathedral of Monreale, Italy (971)</p> <p>4:00 <b>SO</b> One to One Visits</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>18</b></p> <p>10:00 <b>PH</b> Seated Exercise</p> <p>10:30 <b>CR</b> Creative Creations: Bracelet Making</p> <p>1:30 <b>VO</b> Resident Council</p> <p>2:15 <b>EN</b> Music w/ Mary Stella (2DR)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>6:00 <b>EM</b> Activity Time w/ Patti (3DR)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>19</b></p> <p>10:00 <b>PH</b> Mind and Body Exercise (2DR)</p> <p>10:30 <b>SP</b> Faith &amp; Fellowship</p> <p>3:00 <b>EM</b> Lakewood Heritage Day (972) (AUD)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>7:00 <b>EN</b> Evening Movie: Niagara (973)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>20</b></p> <p>10:00 <b>PH</b> Drumming Circle (2DR)</p> <p>10:30 <b>CO</b> BINGO</p> <p>3:00 <b>EN</b> Music w/ Bill Parrish (971) (SC)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>6:00 <b>SO</b> Activity Time w/ Patti (2DR)</p>	<p>9:30 <b>CO</b> The More You Know <b>21</b></p> <p>10:00 <b>PH</b> Exercise (2DR)</p> <p>10:30 <b>CO</b> Weekend Word Games (2DR)</p> <p>2:30 <b>EN</b> Movie Matinee: Chariots of Fire (973)</p>
<p>10:00 <b>EM</b> St. Mary's Catholic Mass (971) <b>22</b></p> <p>1:00 <b>EM</b> Chaplain One to One Visits</p> <p>1:00 <b>CO</b> Activity One on Ones</p> <p>1:30 <b>SP</b> Catholic Communion 1:1</p> <p>1:30 <b>PH</b> Exercise Broadcast (971)</p> <p>4:00 <b>SP</b> Vespers (SC)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>23</b></p> <p>10:00 <b>EN</b> Heart Strings Performance (971) (SC)</p> <p>10:00 <b>PH</b> Seated Exercise</p> <p>2:00 <b>SE</b> Nail Spa</p> <p>3:00 <b>EM</b> 1:1 Music Therapy w/ Audrey</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>7:00 <b>SO</b> Monday Evening Entertainment: Presentation on General Lafayette with Libby McNamee (972) (AUD)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>24</b></p> <p>10:00 <b>PH</b> Sit &amp; Fit (2DR)</p> <p>10:30 <b>CO</b> Poetry w/ Stacey</p> <p>2:00 <b>SE</b> Scenic Drive: River Drive</p> <p>4:00 <b>SO</b> One to One Visits</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>25</b></p> <p>10:00 <b>PH</b> Seated Exercise</p> <p>10:30 <b>CO</b> Creative Creations: Halloween Door Decorations (2DR)</p> <p>2:00 <b>VO</b> Fall Gardening w/ Patti (971) (SC)</p> <p>4:00 <b>SO</b> One to One Visits</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>26</b></p> <p>10:00 <b>PH</b> Mind and Body Exercise (2DR)</p> <p>10:30 <b>SP</b> Faith &amp; Fellowship</p> <p>2:00 <b>SO</b> Snack and Chat (2DR)</p> <p>3:00 <b>CO</b> Brain Games (2DR)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>7:00 <b>EN</b> Evening Movie: Ride Lonesome (973)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>27</b></p> <p>10:00 <b>PH</b> Funday Friday Fitness (2DR)</p> <p>10:30 <b>CO</b> Family Feud</p> <p>2:30 <b>EN</b> Music w/ Me &amp; Martha (971) (SC)</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>6:00 <b>SO</b> Activity Time w/ Patti (2DR)</p>	<p>9:30 <b>CO</b> The More You Know <b>28</b></p> <p>11:00 <b>SP</b> Worship with Grove Church (971)</p> <p>2:30 <b>EN</b> Movie Matinee: Willy Wonka and the Chocolate Factory (973)</p>
<p>10:00 <b>EM</b> St. Mary's Catholic Mass (971) <b>29</b></p> <p>1:00 <b>EM</b> Chaplain One to One Visits</p> <p>1:00 <b>CO</b> Activity One on Ones</p> <p>1:30 <b>SP</b> Catholic Communion 1:1</p> <p>1:30 <b>PH</b> Exercise Broadcast (971)</p> <p>4:00 <b>SP</b> Vespers (SC)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>30</b></p> <p>10:00 <b>PH</b> Seated Exercise</p> <p>10:30 <b>CR</b> Halloween Hat Making (2DR)</p> <p>10:45 <b>CO</b> Stronger Memory Group (3DR)</p> <p>2:00 <b>CO</b> Emotional Wellness Presentation: Emotional Needs of Caregivers(971) (SC)</p> <p>2:00 <b>SE</b> Nail Spa</p> <p>4:00 <b>SO</b> One to One Visits</p> <p>7:00 <b>SO</b> Monday Evening Entertainment: Ghost Talk: Henrico Mines (972) (AUD)</p>	<p>9:30 <b>SP</b> Community Prayer (971) <b>31</b></p> <p>10:00 <b>PH</b> Sit &amp; Fit: Halloween edition (2DR)</p> <p>11:00 <b>EM</b> Elementary School Trick or Treaters visit</p> <p>2:00 <b>EN</b> Halloween Bash (SC)</p> <p>4:00 <b>SO</b> One to One Visits</p>	<p><b>PH</b> Physical</p> <p><b>SO</b> Social</p> <p><b>CO</b> Cognitive</p> <p><b>SP</b> Spiritual</p> <p><b>EM</b> Emotional</p> <p><b>CR</b> Creative</p> <p><b>VO</b> Vocational</p> <p><b>SE</b> Sensory</p> <p><b>EN</b> Entertainment</p>	<p>12 Channel 12</p> <p>2DR 2nd Floor HSB Dining Room</p> <p>3DR HSB 3rd floor dining room</p> <p>971 Simms Center Broadcast</p> <p>972 Auditorium Broadcast</p> <p>973 Movie Channel</p> <p>AUD Auditorium</p> <p>C Chapel</p> <p>P Patio</p> <p>PH Penthouse</p> <p>SC Simms Center</p>	<p>I love Lucy Day October 15th</p>	

Activities are subject to change.  
Please refer to daily postings for any changes.

*Health Care*

Program Coordinator: Melissa Valyo-Smith  
Phone Number: 804-521-9265