May 2024 Assisted Living						created with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LAKE WOOD Live the life you envision.	Cognitive Creative Emotional Entertainment Environmental Physical Sensory Social Spiritual Vocational	Activities last 30-60 minutes. Movies can last up to 2 hours. Activities are subject to change. Changes will be posted on daily flyers. Program Coordinator Tonya Ramage 804-521-9288	8:00 ♣ 1:1 Visits During Day 9:30 ↑ Community Prayer [SC/971] 10:00 ← Gentle Aerobics [R1] 3:00 ↑ Nail Spa [R2] 6:00 ♠ Resident Led Bridge Club [HSB3D]	8:00 3 1:1 Visits During Day 9:30 Community Prayer [SC/971] 10:00 Exercise & Smoothies [R3] 2:00 Dora's Corner: Horseracing Game & Social [R1] 3:30 National Day of Prayer with Chaplain Pam [R3] 7:00 Sevening Movie [973]	8:00 \$\frac{1}{2}\$ 1:1 Visits During Day 9:30 \$\frac{1}{2}\$ Community Prayer [SC/971] 9:30 \$\frac{1}{2}\$ Trip to Walmart (Date change) [MSD] 2:00 \$\frac{1}{2}\$ Music with Kevin Salyer [SC/971]	10:00
8:00 1:1 Visits During Day 10:00 St. Mary's Catholic Mass [SC/971] 1:30 Chair Exercise with Pat Broadcast 2:30 Catholic Communion [C] 4:00 Vespers Prayer Service [SC/971]	8:00 * 1:1 Visits During Day 9:00 Centering Prayer [C] 9:30 Community Prayer [SC/971] 10:00 Chair Exercise [R3] 11:15 Hymns & Harmony [R1] 2:00 Cinco de Mayo Bingo! [R1] 3:00 Good Neighbors Band [R2] 7:00 Rosie the Riveter Reenactment [972]	8:00 \$\frac{1}{2}\$ 1:1 Visits During Day 9:30 \$\frac{1}{2}\$ Community Prayer [SC/971] 10:00 \$\frac{1}{2}\$ Sit & Get Fit [R2] 10:30 \$\frac{1}{2}\$ Mind Joggers [R2] 2:00 \$\frac{1}{2}\$ Sing-along with Diane Hart [R1]	8:00 \$\frac{1}{2}\$ 1:1 Visits During Day 9:30 \$\frac{1}{2}\$ Community Prayer [SC/971] 10:00 \$\frac{1}{2}\$ Gentle Aerobics [R1] 1:30 \$\frac{1}{2}\$ Blue Cow Ice Cream Trip [MSD] 3:00 \$\frac{1}{2}\$ Nail Spa [R2] 6:00 \$\frac{1}{2}\$ Resident Led Bridge Club [HSB3D]	8:00 ♣ 1:1 Visits During Day 9:30 ↑ Community Prayer [SC/971] 10:00 ← Exercise & Smoothies [R3] 2:00 ♠ Dora's Corner: Nurses' Day Craft [R1] 3:30 ♠ Jill's Blankets & Trivia [R3] 7:00 Evening Movie [973]	8:00 ♣ 1:1 Visits During Day 9:30 ↑ Community Prayer [SC/971] 10:00 ← Gentle Exercise [R2] 11:00 ♠ Bingo [R3] 2:00 ᠕ Music with Joe Loschiavo [SC/971]	10:00 A Resident 11 Led Rummikub [R3] 2:00 A Matinee Movie
Mother's Day 8:00 ♣ 1:1 Visits During Day 10:00 ♣ St. Mary's Catholic Mass [SC/971] 1:30 ➡ Chair Exercise with Pat Broadcast 2:30 ♣ Catholic Communion [C] 4:00 ♣ Vespers Prayer Service [SC/971]	8:00 ♣ 1:1 Visits During Day 9:00 ↑ Centering Prayer [C] 9:30 ↑ Community Prayer [SC/971] 10:00 ← Chair Exercise [R3] 11:15 ♣ Hymns & Harmony [R2] 2:00 ♣ Apple Pie Social [SC/971] 7:00 Spring Fling Dance with Wrest Band [972]	9:30	8:00 ♣ 1:1 Visits During Day 9:30 ♣ Community Prayer [SC/971] 10:00 ♣ Gentle Aerobics [R1] 2:00 ♣ Sing-along with Linda Jones [R1] 3:00 ♣ Nail Spa [R2] 6:00 ♣ Resident Led Bridge Club [HSB3D]	8:00 1:1 Visits During Day 9:30 Community Prayer [SC/971] 10:00 Exercise & Smoothies [R3] 2:00 Dora's Corner: Cheese Ball Celebration [R1] 2:30 Pet Therapy [R3] 3:30 Jill's Blankets & Trivia [R3] 7:00 Evening Movie [973]	8:00 ♣ 1:1 Visits During Day 9:30 ↑ Community Prayer [SC/971] 10:00 ↔ Gentle Exercise [R2] 11:00 ♣ Bingo! [R3] 2:00 ♣ National Pizza Party Day Social [SC/971]	10:00 ← Chair Exercise [SC/971] 10:00 ♣ Resident Led Rummikub [R3] 10:45 ♣ Bingo! [SC/971] 2:00 ♣ Matinee Movie 3:00 ♣ Violin School Recital [SC/971]
8:00 1:1 Visits During Day 10:00 St. Mary's Catholic Mass [SC/971] 1:30 Chair Exercise with Pat Broadcast 2:30 Catholic Communion [C] 4:00 Vespers Prayer Service [SC/971]	8:00 ♣ 1:1 Visits During Day 9:00 ↑ Centering Prayer [C] 9:30 ↑ Community Prayer [SC/971] 10:00 Carte Boutique 10:00 ↔ Chair Exercise [R3] 11:15 ↑ Bible Study with Julie [R1] 2:00 ↑ Bingo! [R1] 3:00 ♣ Lakewood Singers [SC/971] 7:00 Lakewood Singers [SC/971]	8:00 1:1 Visits During Day 9:30 Community Prayer [SC/971] 10:00 Sit & Get Fit [R2] 10:30 Mind Joggers [R2] 2:00 Piano with Richard Ubaldi [R2] 3:00 In the Kitchen: Strawberry Salad [R2]	8:00 1:1 Visits During Day 9:30 Community Prayer [SC/971] 10:00 Gentle Aerobics [R1] 2:00 Mike's Sing-along [R1] 3:00 Nail Spa [R2] 6:00 Resident Led Bridge Club [HSB3D]		9:30 Community Prayer [SC/971] 10:00 Gentle Exercise [R2]	10:00 Resident 25 Led Rummikub [R3] 2:00 Matinee Movie
8:00 1:1 Visits During Day 10:00 St. Mary's Catholic Mass [SC/971] 1:30 Chair Exercise with Pat Broadcast 2:30 Catholic Communion [C] 4:00 Vespers Prayer Service [SC/971]	Memorial Day 8:00 ♣ 1:1 Visits During Day 9:00 ♣ Centering Prayer [C] 9:30 ♣ Memorial Day Community Prayer [SC/971] 10:00 ➡ Chair Exercise [R3] 11:15 ♣ Hymns & Harmony [R3] 2:00 ❤ Memorial Day Program [SC/971]	8:00 * 1:1 Visits During Day 9:30 * Community Prayer [SC/971] 10:00 Sit & Get Fit [R2] 10:30 Mind Joggers [R2] 3:00 Resident Council Meeting [SC/971] 7:00 James River Ringers [SC/971]	8:00 \$\frac{1}{4}\$ 1:1 Visits During Day 9:15 \$\infty\$ Scenic Bus Ride: Riverside Drive [MSD] 9:30 \$\frac{1}{4}\$ Community Prayer [SC/971] 10:00 \$\frac{1}{4}\$ Gentle Aerobics [R1] 2:00 \$\frac{1}{4}\$ Folk Music with Don Park [R2] 3:00 \$\frac{1}{4}\$ Nail Spa [R2] 6:00 \$\frac{1}{4}\$ Resident Led Bridge Club [HSB3D]	8:00 1:1 Visits During Day 9:30 Community Prayer [SC/971] 10:00 Exercise & Smoothies [R3] 2:00 Dora's Corner: Memorial Day Bingo [R1] 3:30 Jill's Blankets & Trivia [R3] 7:00 Evening Movie [973]	8:00 ♣ 1:1 Visits During Day 9:30 ↑ Community Prayer [SC/971] 10:00 ← Gentle Exercise [R2] 11:00 ♠ Bingo! [R3] 2:00 ◆ 1950's Social Music with Walt Street [SC/971]	Location Keys Auditorium Broadcast only 972 Chapel C HSB 3rd Floor Dining Room HSB3D Main St. Door MSD Movie Channel 973 Rose Building 1st Floor R1 Rose Building 2nd Floor R2 Rose Building 3rd Floor R3 Simms Center/Channel 971 SC/971